

Idea 4: Schedule Progress Check-ins

Purpose

Scheduling specific times to check in with your child and their learning progress is a good strategy to help you stay informed of your child's current level of independence relating to set skills/goals, and share new and updated goals with other household members.

Scheduling progress check-ins also lets your child know when they can receive your time and focused attention for specific help, but more importantly, when they can celebrate with you, and receive specific feedback on their progress.

During progress check-ins, you might:

- help your child with a specific task/subject (e.g. maths homework)
- provide feedback on learning progress
- celebrate new achievements
- plan for the next task/activity/skill.

Progress check-ins can be formal or informal, structured or unstructured – depending on your child's needs, along with the needs of the family.

Steps to follow

1. Choose **a time that works best for you**, your child and the whole family to schedule in **specific 1:1** progress check-ins with your child. These can be formal or non-formal.
2. Decide **how frequently** progress check-ins are required.
3. Select a **method to remind both** you and your child when it is progress check-in time.
4. During the check-in, **reflect and review** on the scheduled time together – was it productive? Positive?