

Professional Learning Program

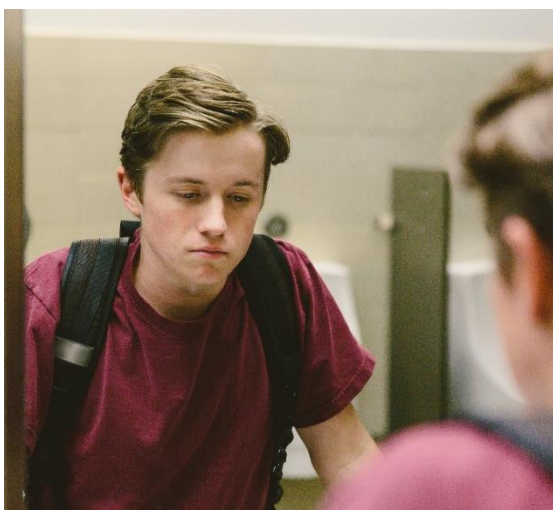
Victorian
Deaf Education
Institute



Emotional wellbeing in D/deaf and hard of hearing young people

Presented by Dr Christina Clarke

On-Demand Presentation



In this presentation, Dr Christina Clarke, Clinical Psychologist, will provide an introduction to deafness and mental health, with a focus on adolescence. The presentation will draw on recent data and statistics to highlight the prevalence of mental health challenges among deaf and hard of hearing (DHH) young people. Dr Clarke will examine deafness as a continuum to highlight the ongoing importance of language, social/interpersonal skills, and emotional wellbeing for DHH young people.

The presentation will explore challenges associated with adolescence and hearing world barriers to demonstrate their impact on the emotional wellbeing of DHH young people. Dr Clarke will highlight some of the indications that a young person may be struggling emotionally and identify how best to support young DHH people who may be experiencing mental health challenges.

Learning Outcomes

Participants will:

- Understand the terms 'deafness continuum' and 'deaf lens' and how they influence young deaf and hard of hearing people
- Understand the impact of living in a hearing world on D/deaf and hard of hearing students and why this is important
- Know what is meant by emotional wellbeing and understand ways to support this.

Emotional wellbeing in D/deaf and hard of hearing young people is accessible for 4 weeks following registration. Victorian Department of Education staff can access this learning free of charge. The cost for non-Department staff is \$30.00 incl. GST. Participants who successfully complete this On-Demand Presentation will receive a certificate noting 1.5 hours of professional learning.

Register online at www.deafeducation.vic.edu.au

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